

## RAIDERS ID CAMP INFO

The objective of the Raiders Girls Hockey Summer ID Camp is to provide the committed pre-college aged female hockey player with the opportunity to be trained by the Colgate Hockey staff in a highly competitive training environment.

### ID CAMP FEATURES:

- The camp is only ONE day long.
- 3.5 hours of ice time.
- 3 On-Ice sessions: (1) high tempo, college level, skill development (2) small games, and (3) a full ice game.
- Information Session – College recruiting and College Athlete Expectations – Lunch will be provided.

Our focus is to provide a high level on-ice learning opportunity at the tempo and expectation level of the college athlete, with both practice and game situations.

### DATE:

The one-day camp is on **Monday, August 1<sup>st</sup> 2011.**

### LOCATION:

Colgate University is located on Route 12B in Hamilton, NY, 30 miles southwest of Utica and 38 miles southeast of Syracuse. From Syracuse, take the NYS Thruway East to exit 34 (Canastota), Route 5 east to Oneida, and Route 46 south (across Route 20) to 12B South to Hamilton. When driving to Hamilton, make sure to pick up Route 12B not Route 12. The camp will be held at Starr Rink in the Reid Athletic Center which will be on your right traveling on Route 12B, just beyond the main campus area and pond.

### COST:

The cost of the 2011 Raiders Girls Hockey Summer ID camp is **\$100.00 per player.** Lunch will be provided for all campers.

### AGE RESTRICTION:

The camp is designed for, and will only accept, Girls, **ages 15-18.** Further, it is recommended that participants have played on a competitive ice hockey team for a minimum of **five years** to be in shape and prepared for the camp and teaching concepts.

### ENROLLMENT:

Enrollment will be limited to 36 skaters and 4 goalies. So, act quickly to reserve your spot. Spaces will be filled on a first-come, first serve basis, by the date of receipt of a completed application and medical questionnaire (both found in this brochure) *including full payment of \$100.00.*

### WAITING LIST:

A waiting list will begin once the camp has filled. You will be notified by e-mail before being placed on this list.

## ID CAMP SCHEDULE

### MONDAY, AUGUST 1, 2011

- 8:00 – 8:30 am *Early Equipment Drop-off (optional)*  
8:30 – 9:45 am *Campus Tour (optional)*  
9:15 – 9:30 am Check-In at Starr Rink  
9:45 – 10:00 am Dynamic Warm-up  
10:30 – 11:30 am **On-Ice Skills Session**  
(Make Ice)  
11:45 – 12:45 pm **On-Ice Small Games Session**  
1:15 – 2:15 pm Lunch and Information Session  
2:45 – 4:15 pm **Full Ice Game**

### EQUIPMENT:

No hockey equipment will be provided, please bring full-approved hockey equipment including helmets with full facemasks, mouthguards and sticks, etc. Also, please bring off-ice workout gear (i.e. sneakers, t-shirt, shorts etc.) for the dynamic warm-up. We will provide a **camp jersey** to all participants.



## COLGATE WOMEN'S HOCKEY ID CAMP PHILOSOPHY

The philosophy of the Raiders Girls Hockey Summer ID camps is to allow the dedicated high school aged student-athlete the opportunity to get a Division I women's college hockey experience in a single day.

With the increasing time demands of the high school aged athlete - combining a great hockey experience with visiting colleges, summer work and family commitments - a full week camp is difficult to fit into the schedule. With a single day camp, you can still get a good feel for the training and competition environment at the college level. The Colgate Women's Hockey staff is committed to providing you with that training environment.

The driven athlete, who wants to continually push her game to the next level, will find this camp to be another great chance to learn and improve in the game of hockey. She will be exposed to the tempo, intensity and college level expectations throughout the entire day.



## 2011 ID CAMP at Colgate University



**Girls,  
Ages 15 - 18**

**AUGUST 1<sup>ST</sup>  
2011**

## RAIDERS SUMMER GIRLS HOCKEY MEDICAL INFORMATION FORM

Name \_\_\_\_\_  
 Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_  
 Medical Insurance Carrier (Company & Policy #) \_\_\_\_\_

Circle Answers:

- Y N Have you ever experienced an epileptic seizure or been informed that you might have epilepsy?  
 Y N Have you ever been treated for diabetes?  
 Y N Have you ever been told you have a heart murmur?  
 Y N Have you ever been "knocked out" or experienced a concussion during the past 3 years? If yes give dates: \_\_\_\_\_  
 Y N Do you wear contact lenses? If yes do you wear them during athletic participation? Y N  
 Y N Have you had a fracture during the past 2 years? If yes indicate area and dates: \_\_\_\_\_  
 Y N Have you experienced a severe sprain, dislocation or other orthopedic problem? If yes indicate area and dates: \_\_\_\_\_  
 Y N Have you had any surgery during the past year? If yes indicate area and dates: \_\_\_\_\_  
 Y N have you been advised by a medical doctor not to participate in sports? If yes for what reason? \_\_\_\_\_  
 Y N Are you currently on any medications? If yes, please list: \_\_\_\_\_  
 Y N Do you have any allergies? If yes please list: \_\_\_\_\_  
 Y N Are you allergic to any general medications? If yes please indicate: \_\_\_\_\_  
 Y N Have you had a tetanus shot? If yes, when: \_\_\_\_\_

Please list any other pertinent medical information: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

I, \_\_\_\_\_ of \_\_\_\_\_  
 (Parent/Guardian) (Street Address)  
 City of \_\_\_\_\_ county of \_\_\_\_\_  
 State of \_\_\_\_\_, have legal custody of \_\_\_\_\_,  
 a minor, age \_\_\_\_\_ years, born on \_\_\_\_\_, who  
 resides with me at the address set forth above. I authorize Scott  
 Wiley as administrator of the hockey camp to consent to any x-ray  
 examination, anesthetic, medical, or surgical diagnosis or  
 treatment, and hospital care necessitated by injury or illness  
 incurred while the above named child is attending hockey camp.  
 Such treatment is to be rendered to the minor under the general  
 supervision and on the advice of a physician or surgeon licensed to  
 practice in the state of New York. I also certify that  
 \_\_\_\_\_ is in good health and able to take part in the  
 2011 Raiders' Summer Girls Hockey ID Camp.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## RAIDERS SUMMER GIRLS HOCKEY 2011 ID CAMP REGISTRATION FORM

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_

Position: \_\_\_\_\_ Shoots/Catches ( L / R ) \_\_\_\_\_  
 Club Hockey Team: \_\_\_\_\_  
 High School Team (if any): \_\_\_\_\_  
 Graduation Year: \_\_\_\_\_ Age: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_  
 Contact Number: \_\_\_\_\_

Mail application and completed medical information form  
 (on reverse side) with check or money order for \$100 (US)  
 payable to:

Colgate Women's Hockey

Colgate Women's Hockey Office  
 Reid Athletic Center  
 13 Oak Drive  
 Hamilton, NY 13346

E-mail questions to: [rgstone@colgate.edu](mailto:rgstone@colgate.edu)

\*Limited Space Available\*

Release of Liability/Risk Acknowledgement:

Upon entering events sponsored by Colgate University I/we agree to abide by the rules of Colgate University. I/We understand and appreciate that participation or observation of the sport constitutes a risk to me/us of serious injury, including permanent paralysis or death. I/We voluntarily and knowingly recognize, accept, and assume this risk and release Colgate University, Colgate Women's Hockey, its affiliates, and event organizers from any liability therefore.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## CAMP STAFF



**Scott Wiley**  
 Head Coach  
 Colgate Raiders  
 Women's Hockey

Head coach Scott Wiley just finished his ninth season behind the bench for the Colgate women's ice hockey team. He led the 2006-07 team to unprecedented heights as the Raiders reached the ECAC Hockey semifinals for the first time in program history, breaking over 50 school records. In 2003-04, Wiley was recognized by his peers by earning the ECAC Coach of the Year award. That same year he was a finalist for the American Hockey Coaches Association Division I Coach of the Year award.



**Ryan Stone**  
 Assistant Coach  
 Colgate Raiders  
 Women's Hockey

Ryan Stone just completed his fifth season as the top assistant at Colgate. Stone came to Colgate after serving as the head coach of the Chinese National Women's Ice Hockey Team since 2005. Prior to his time in the People's Republic of China, Stone served six years as the top assistant women's ice coach at Brown University.



**Karine Senécal**  
 Assistant Coach  
 Colgate Raiders  
 Women's Hockey

Coach Senécal is in her first season as an assistant coach for the Raiders. She comes to Colgate after serving as an assistant coach at the University of Maine and of the UMaine summer ice hockey camps and clinics. A 2007 graduate of the University of Maine, Senécal earned Hockey East Academic honors among other awards.